

SIMPLIFY

[sim-pluh-fahy]verb

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**If you are going to be like Jesus,
you have to learn how to rest.**

God elevates the Sabbath as an exalted day above all others.
(Genesis 2:3)

God considers rest as important as work.
(Exodus 20:8-10)

**God's activity of rest and refreshment
is an example of what you need.**
(Exodus 31:17)

**It was the custom of Jesus to honor the Sabbath
by going to the temple.**
(Luke 4:16)

Jesus is Lord of the Sabbath making it a blessing, not a burden.
(Matthew 11:28-29)

God's people are to rest from their labor on the Sabbath.
(Hebrews 4:8-10)

To give God my best requires rest and refreshment.
(Psalm 23:2-3)

Psalm 23:2-3a (NKJV) - He makes me to lie down in green pastures; He leads me beside the still waters. He restores my soul.

To give God my best requires rest.

Which do you want: rest or stress?

The difference between being blessed and stressed is rest.

NOTES

COMING UP

11/23 - Community Thanksgiving Meal | 11/26-12/17 - Giving Wall

WAYS TO GIVE

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